



Seeking Undergraduate Students as Exercise Intervention Research Assistants

The University of Maryland Exercise for Brain Health (E4BH) Laboratory directed by [Dr. J. Carson Smith](#) is seeking to hire part-time Exercise Intervention Research Assistants (formal title: Undergraduate Research Assistants) beginning Summer 2018. The E4BH Lab is focused on understanding how exercise and physical activity affect human brain function and mental health. Our methods include functional and structural MRI as well as behavioral measures of cognitive and physical function with young and older adults. This is an excellent opportunity for anyone who would like to pursue a career working with older adults in physical therapy, occupational therapy, or other physical activity settings.

Part-time instructors will be responsible for leading our community-based exercise training intervention with older adults in the MD/DC Metro Area. Duties will include, but are not limited to, instruction and supervision of small group classes, physiological (i.e. heart rate, blood pressure) data collection, and reliable documentation of class attendance and participant information. Procedural training will be provided by the E4BH research team. Ideal candidates have experience working with older adults in an exercise or physical therapy setting. Demonstrated organizational and communication skills are a plus.

Exercise classes will take place four days per week in the morning and/or early afternoon hours. While hired instructors will be assigned based on availability, interested candidates should have some regular availability during these times and have access to a reliable mode of transportation.

Application review will begin immediately. To apply, please email your application to Stephen Shields (shields7@umd.edu). Application materials should include a cover letter detailing qualifications and interest, curriculum vitae or resume, unofficial transcripts, and at least 2 professional or academic references who can provide letters upon request.

Send applications and questions to:

Stephen Shields
shields7@umd.edu

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shields7@umd.edu

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